

Spring Trip to Orlando, FL



April 13-16, 2018

Lamar High School Instrumental Music Student Handbook

PURPOSE OF THIS HANDBOOK

The purpose of this handbook is to provide students, sponsors, and parents with information concerning our trip to Orlando, Florida. It contains rules and regulations of conduct, schedule of events, information on individuals, personnel assignments, and other valuable information. The handbook should serve as an aid in the final preparation and execution of the trip. It will also be a source of reference and recollection for many years.

PURPOSE OF THE 2018 ORLANDO, FL TRIP

1. To provide students with the opportunity to learn those acts of courtesy necessary for a group who will live and work together toward achievement of a high artistic goal during the four days of the trip.
2. To participate in Festival Disney at the Walt Disney World Resort
3. To benefit educationally from the musical experience available during the festival and at landmark sites in this country.
4. To grow musically, from the many hours of practice necessary for the final performance.

ACKNOWLEDGMENTS

To the school administration for their support of this trip as well as their efforts in the past toward the entire instrumental music program at Lamar HS and fine arts programs in the Arlington I. S. D.

To the orchestra and band parents for the encouragement given to the ensembles, for their interest in all their activities, and mostly for their children in the fine arts.

To Mr. Andy Hagman, the faculty, and the staff of Lamar High School High School for their understanding and cooperation.

To the members of the Lamar High School Band and Orchestra for their devotion to their organizations, their high moral values, their hard work, and many extra hours spent to make this a successful undertaking.

GENERAL INFORMATION FOR STUDENTS

I. School Sponsored Trip

- A. This is a school-sponsored trip and your conduct and actions will conform to all school, and orchestra/band rules.
- B. **ALL CURFEWS WILL BE OBEYED.** Room check times are to be respected. DO NOT LEAVE YOUR ROOM FOR ANY REASON AFTER THE DESIGNATED TIME. Chaperones will conduct room-checks each night. There should be no noise that can be heard outside your room after lights out.

- C. There will be periodic check-ins with your chaperone throughout the day. **Tardiness to these check-ins is completely unacceptable and may result in the loss of privileges.**
- D. SMOKING – ANY FORM OF TOBACCO – IS NOT ALLOWED AT ANY TIME. Please refer to school policy. This policy applies to ALL traveling adults and students.
- E. Drinking or possession of alcoholic beverages, use or possession of any illegal substance or drugs or unapproved medication in any form will not be tolerated. This constitutes a most severe breach of discipline. Any student allowing himself or herself to become involved can expect severe disciplinary action. **THE AISD ZERO TOLERANCE POLICY IS IN EFFECT AT ALL TIMES.** All luggage is subject to be checked by AISD security and administrators prior to leaving Arlington and at anytime during the trip.
- F. You will be expected to conduct yourself in a manner upholding the high moral standards of the Lamar High School Instrumental Music Department, Lamar High School, your home and our community. SCHOOL DRESS CODE WILL BE ENFORCED AT ALL TIMES.
- G. Be considerate of all chaperones and directors. They are there to help you have a successful trip. Without them, there would be no Trip!
- H. **At no time** will boys be allowed in girls' rooms and vice versa. This is in effect 24 hours a day.
- I. **All** students will participate in **all** parts of the Trip. If you choose to stay up all night and not sleep, you WILL display a pleasant demeanor in the morning!
- J. At no time on this trip are you allowed to get into a car with anyone other than a director or designated chaperone.
- K. Students will not be allowed to change rooms unless directed to do so by Mr. Lang or Mr. Walton.
- L. General decorum for air/bus travel:
- **Stay with the group** in the airport and follow all instructions of TSA and airport staff
 - We will go through the same security checkpoint as a group. **KEEP YOUR ID AND BOARDING PASS READILY ACCESSIBLE.**
 - When on the plane/bus, stay in your seat facing forward.
 - No loud noise or singing permitted. This can become extremely distracting to the others on board. All games, mp3 players, phones, etc. must be played with headphones.
 - Please be conscientious of the other passengers on the plane/bus.
 - Please be careful with drinks and food as not to spill them and damage clothing and equipment.
 - Please use common sense so as not to damage any part of the plane/bus. You will pay for any damage.
 - All instructions from the flight attendants/chaperones will be followed immediately.

- M. Any student not obeying the above rules will have his or her parents/guardians notified and that student will be placed immediately on commercial transportation and returned to Arlington at the expense of the parent/guardian. This may also be cause for immediate dismissal from the organization and will result in appropriate disciplinary action from AISD.

II. Health

- A. Please protect yourself from anything which would cause you to become ill. If you do become ill, you should report immediately to one of your sponsors. Do not feel that you will be causing them trouble, they are here to help you. If necessary, the sponsor will take emergency action.
- B. To help you stay well, here are a few reminders:
1. Eat sensibly. Do not overload with junk food and other goodies.
 2. Drink plenty of water. Do not let soft drinks be your only source of liquid. Energy drinks may cause you to become dehydrated and should be avoided while on this trip.
 3. Do not skip meals on this trip. When a meal is scheduled, eat even though you may not be hungry. When traveling with large groups of students the performance schedules and other unforeseen problems sometimes makes meal times irregular.
 4. You will receive a \$50 dining card or cash stipend each day (Fri-Mon total of \$200) for meals. Monies needed will be for souvenirs or extra snacks. However, everything at Disney/Universal costs more than you might expect. You may wish to strongly consider bringing a little extra spending money.
 5. GET YOUR SLEEP!! Time is designated each night for lights out. This time will be observed. A good night's sleep will help you enjoy and participate in all activities. At no time after lights out will you be allowed to leave your room.
 6. **If you have a particular health concern, the directors and sponsors should know before we leave. Please make sure your Medical Authorization Form on file is accurate and up to date.**
 7. No adult will be allowed to administer medication to any student on this trip. You may carry your own aspirin, etc. with you. (See "Medications" below.) If necessary, you will be taken to a first aid station or hospital in Florida for serious injury or illness. NOTE: During Luggage Check-in you will need to have your medication in a ziplock bag with a note from your parent/guardian to be checked in separately from your luggage.

III. Other Suggestions and Reminders

- A. When called in the morning, GET UP. Be on time for all the scheduled activities. Carry a watch or your phone -- always be ready to listen to instructions and move when told. Some of the time schedules are very tight -- **do not cause the entire group to wait on you.**

- B. Listen carefully to all verbal instructions by directors and/or sponsors. Schedules may change or other important information may need to be given to you. Be sure you understand what is expected of you as an individual and as a group. It is a student's responsibility to know where and when they are supposed to meet. If changes are made, an announcement will be given – **IT IS YOUR RESPONSIBILITY TO KNOW OR FIND OUT.** The official means of communication will be through the **2018 Orlando Trip Remind feed**. Text @vfnnddisney to the number 81010
- C. Be responsible for assigned duties and execute them at the proper time.
- D. We have planned group activities and everyone will be expected to participate. No one will be excused.
- E. **At no time will boys be allowed in girls' rooms and vice versa. This in in effect 24 hours at day. No one will be allowed to stay in their rooms at times other than when the entire group is instructed to do so.**
- F. No one will be excused to visit friends and relatives. Invite them to join us; we will be most happy to have them.
- G. If for any reason it becomes necessary for a sponsor to correct a student's behavior or action, they must obey the request with respect and a proper attitude.
- H. The Orlando trip is not a luxury tour. It is a group travel experience. There will be delays, sudden changes in plans and other problems, which may cause some frustrations. **BE PATIENT**-- adapt to the situation. **BE HAPPY**-- enjoy the trip. **BE AWARE OF OTHER PEOPLE** -- respect their rights and property.
- I. Any damage to hotel rooms or any other property will be paid for by the persons involved. If the damage appears to be one of those "mysterious occurrences" that sometimes happen when things get broken, all occupants of the room will pay for damage in equal shares. Rooms will be inspected at check-in and check-out. Damage to a unit will be grounds to be sent home and/or dismissal from the organization.
- J. Students with cell phones should be aware of roaming charges if their plans do not cover phone calls and/or texting from Florida. As we begin the trip, everyone should have chaperone phone numbers programmed into their cell phone in order to stay in touch and in case of emergency.

IV. **Luggage**

Carry-On Luggage

Each person is allowed one personal item (purse, briefcase or laptop) and one carry-on bag. Due to overhead bin size restrictions, the carry-on bag must not exceed the following dimensions: – 10 x 16 x 24 inches. Your personal item must not exceed 18.5 x 8.5 x 13.5 inches and must be stored under the seat in front of you. **Smaller instruments will be considered your carry-on.**

Checked Luggage

Each person is allowed (2) FREE checked bags. Maximum weight is 50 pounds and maximum size is 62 inches (length + width + height) per check piece of luggage. Overweight items from 51 to 100

pounds and oversized items in excess of 62 inches but not more than 80 inches will be accepted for an overweight and oversize baggage fee of \$75 per item each way. ****Because of the way your checked bags will be transported to the hotel, you will not have access to your checked luggage until Friday evening****

Students will be limited to:

1. one suitcase
2. one school-sized backpack carry-on anything you want to do on the plane/bus
3. instrument(s)

Overhead storage will be quite limited.

You will bring your own luggage to the Band Hall on Thursday evening 4/12/18 between 6:00 and 6:30 PM. Baggage will be checked and zip tied until Friday morning. Carry-on luggage will be checked on Friday morning prior to departure.

Don't forget your instrument or your music!

V. Dress

A. Two General Types of Dress

1. Trip T-shirt with nice jeans: We will wear this for our performance.
2. School Type (Dress Code) Clothing

B. The following are suggestions which may be of help in packing:

1. 3 or 4 changes of school type clothes
2. Trip shirt
3. **Comfortable walking shoes** and socks
4. Other accessories, wall chargers, portable charger packs, etc.

VI. Other things you will need

- A. Necessary grooming equipment and toiletries
- B. A jacket or sweater (airplanes can get cold)
- C. Sunscreen
- D. Rain coat, poncho (Orlando weather can be somewhat unpredictable in the Spring)
- E. Modest and school appropriate swim wear for awards ceremony at Typhoon Lagoon
- F. **INSTRUMENT(s)**

VII. Suggestions

- A. Travel as lightly as possible. Take only essentials.
- B. Avoid any form of sloppy dress. A.I.S.D. dress code will be in effect throughout the trip. More importantly, you are representing the Lamar Orchestra and Band, do so with dignity.

- C. Everyone is required to have a watch or phone-- that works !
- D. **Sign up for the 2018 Orlando Trip Remind feed. Text @vfnddisney to the number 81010**
- E. Stay in groups of four or more at all times. If you get lost or have trouble, call your chaperone or one of the emergency numbers in the itinerary from your cell phone. If you are without a phone, you must be in a group with students who do.
- F. **EACH STUDENT IS RESPONSIBLE FOR SEEING THAT THEIR INSTRUMENTS MAKE IT TO THE PROPER DESTINATIONS**
- G. When you check into your room, do the following:
 - 1. Check for damage and report any damage to your sponsor. This will prevent you from having to pay for it.
 - 2. Check for correct number of towels.
 - 3. Solve problems when you check in, not at midnight.
 - 4. Remember, you will have your luggage checked before you leave Arlington. Do not make unwise choices when you pack.
- H. Watch your personal belongings. Not everyone is as honest as you are.
- I. Get to know who your group chaperones and your room chaperones are. You will check roll with your group chaperone

HELPFUL TIPS

- 1. Money should be carried in a secure pocket.
- 2. Wear sun glasses and sunscreen outside.
- 3. Prearrange a meeting place and time in case someone gets separated from your group.
- 4. NEVER BE ALONE. Stay with your group. Don't be tempted to go off alone, be sure your entire group is present.
- 5. In the unlikely event that you need medical attention, have someone get to the nearest phone and call for help.

VIII. Medications

- A. All students must have a current Medical Authorization Form on file with their director. Any medication that a student plans to bring on the trip must be listed on the Medical Authorization Form, including any over-the-counter medicines.
- B. All medications – including over-the-counter – must be packed in the student's luggage, inside a ziplock baggie.
- C. Inside this baggie must also be a note from the parent listing all medications (prescription and non-prescription) that the student is authorized to take with them. This includes medications such as Tylenol, Advil, Dramamine, Tums, asthma inhalers, etc.
- D. All medications must be in their original packaging. For example, Tylenol must be in a Tylenol bottle. A prescription must be in its labeled prescription bottle.
- E. Do not mix medications. For example, do not put a few Tylenol and a few Advil in the same bottle along with prescription medicine.

March 14, 2018
Itinerary Specially Prepared For The
Lamar High School Band & Orchestra

Orlando, Florida

IMPORTANT NUMBERS

Walt Disney World All-Star Music Resort -- (407) 939-6000
GTC Representative: -John DeCrotie -- Cell (321) 388-3835
GTC Representative: - Laurie DeCrotie -- Cell (321) 303-8719

Friday, April 13, 2018

4:05 AM Group arrives at **Dallas Love Field** Airport (DAL) and checks in with **Southwest Airlines**

6:05 AM **Southwest Flight 679** departs for Orlando, FL (MCO)

9:35 AM Group arrives into Orlando and make way to **BAGGAGE CLAIM A**. Meet with **GTC Rep**.

Please note that you will have luggage tags for **Disney Magical Express (DME)**. Any Luggage with these tags, will be retrieved by DME and taken directly to the All-Star Music Resort. This usually takes 3 hours after hotel check-in but can take up to 24 hours.

However, because of the Festival Disney performances today, you may have checked baggage that you want to retrieve, on your own, at baggage claim, upon your arrival. Please do not place a DME luggage tag on these bags. Also, even if not performing, travelers may want to carry certain items in their carry-on (change of clothes, medications and anything they will need for the day).

Once any checked bags are retrieved, at baggage claim, you will proceed, with the **GTC Rep**, to the **Disney Magical Express** pick up area, which is located on the **Baggage Claim B** side.

10:30 AM Group loads coaches and departs for Walt Disney World - **All-Star Music Resort** using the **Disney Magical Express**.

11:30 AM (Estimated) Group arrives at Resort and meets with **GTC Rep** to receive tickets and review Itinerary

Note: Check-in time at the Disney resort hotels is not until at least 4:00pm – possibly later depending on previous nights' room occupancy. It is very likely that arriving at the hotel prior to check-in may require that the group wait until after 4:00pm for their room key/ MagicBands.

Group (except for Jazz Band), on their own, can take Disney Transportation to **Walt Disney World Theme Park** –
TBD – one park per day

Park Hours: 4/13/18

Magic Kingdom	9am – 9pm
Epcot	9am- 9pm
Hollywood Studios	9am-9pm
Animal Kingdom	9am-8:30pm

(Each person will receive a \$50.00 Disney Dining Card today to be used towards meals)

PLEASE NOTE: Festival Disney dates, times and venues are set by Disney and subject to change by Disney

Your **GTC Rep(s)** will be attending the performances and available to go over performance schedules and to answer any questions.

3:00 PM	One motor coach arrives at the All-Star Music Resort
3:15 PM	Jazz Band (prepared for performance) loads instruments on to motor coach
3:25 PM	Jazz Band departs for Festival Disney performance at the Atlantic Dance Hall at Disney' Boardwalk
3:45 PM	Jazz Band arrives at Festival Performance parking area – unloads instruments. Group will walk to the Atlantic Dance Hall
4:15 PM	Set Up and warm-up
4:40 PM	Performance in Festival begins!
5:05 PM	Performance in Festival concludes. On-stage clinic begins
5:15 PM	Clinic concludes. Jazz Band departs stage and returns to motor coach
5:30 PM	Jazz Band departs for the All-Star Music Resort
6:00 PM	Jazz band arrives at the All-Star Resort
6:15 PM	Jazz Band , on their own, can take Disney Transportation to Walt Disney World Theme Park – TBD – one park per day
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6:45 PM	One motor coach arrives at the All-Star Music Resort
7:00 PM	Band (prepared for performance) loads instruments onto motor coach
7:10 PM	Band departs for Festival Disney Performance at the Ballroom of the Americas - Disney Contemporary Resort
7:40 PM	Band arrives at the Ballroom of the Americas - Disney Contemporary Resort – unloads instruments
8:10 PM	Set-up and warm-up
8:35 PM	Performance in Festival begins!
9:00 PM	Performance in Festival concludes. On-stage clinic begins
9:10 PM	Clinic concludes. Band departs stage and returns to motor coach
9:25 PM	Band departs for the All-Star Music Resort
9:45 PM	Band arrives at the All-Star Resort
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PM	Remaining group members depart for hotel utilizing Disney Transportation
11:00 PM	Security guard arrives for duty. Guard will check in with Mr. Lang or Mr. Walton for any special instructions and will patrol through 5am

8902 Compton Shore Lane
Orlando, Florida 32829
Email: Info@GoGTC.com

GROUP TRAVEL CONSULTANTS

Florida Seller of Travel License: ST36124

Toll-Free: 800-829-8841
In Florida: 407-207-4371
Fax: 888-384-8481

Saturday, April 14, 2018

TBD

Breakfast at hotel- Each person **will receive a \$50.00 Disney Dining Card today to be used towards breakfast, lunch and dinner**

All Group members not attending performances can take Disney Transportation to Walt Disney World Theme Park – TBD – one park per day

Park Hours: 4/14/18

Magic Kingdom	9am – 9pm
Epcot	9am- 9pm
Hollywood Studios	9am-9pm
Animal Kingdom	9am-8:30pm

PLEASE NOTE: Festival Disney dates, times and venues are set by Disney and subject to change by Disney

Your **GTC Rep(s)** will be attending the performances and available to go over performance schedules and to answer any questions.

- 11:45 AM Two motor coaches arrive at hotel.
- 12:00 PM **Orchestra** loads instruments onto coaches
- 12:10 PM **Orchestra** (prepared for performance) departs for **Festival Disney Performance at the Ballroom of the Americas- Disney Contemporary Resort**
- 12:30 PM **Orchestra** arrives at the **Ballroom of the Americas- Disney Contemporary Resort**– unloads instruments
- 1:00 PM **String Orchestra**- set up and warm-up
- 1:25 PM Performance in Festival begins!
- 1:50 PM Performance in Festival concludes. On-stage clinic begins
- 2:00 PM Clinic concludes. **String Orchestra** departs stage
- 2:05 PM **Full Orchestra**- set up and warm-up
- 2:30 PM Performance in Festival begins!
- 2:55 PM Performance in Festival concludes. On-stage clinic begins
- 3:05 PM Clinic concludes. Orchestra departs stage and returns to motor coach
- 3:15 PM **Orchestra** departs for the **All-Star Music Resort**
- 3:35 PM **Orchestra** arrives at the **All-Star Music Resort**
- Orchestra, on their own, can take Disney Transportation to **Walt Disney World Theme Park – TBD – one park per day**

- 7:40 PM* Coaches arrive at **Bus Parking-TBD**- **All group members must meet at the same bus parking lot.** Group loads coaches and departs for **Festival Disney Awards Ceremony at Typhoon Lagoon (Please remember these are timed transfers and it is very important buses depart on time)**
- 8:10 PM* Group arrives at **Typhoon Lagoon** and is escorted into venue.
- 8:30 PM* Festival Disney Awards Ceremony begins!
- 9:30 PM Awards Ceremony concludes. Group walks back to coaches.

Proud member of these great organizations:



- 9:40 PM Group loads coaches and departs for hotel
(Please remember these are timed transfers and it is very important buses depart on time)
- 11:00 PM Security guard arrives for duty. Guard will check in with Mr. Lang or Mr. Walton for any special instructions and will patrol through 5am

Sunday, April 15, 2018

- 7:30 AM Breakfast at hotel – Each person **will receive a \$15.00 Disney Dining Card today to be used towards breakfast**
Your **GTC Representative** will meet with your chaperones to discuss the day's itinerary, as well as any designated meeting places/times, location of first aid, etc.
- 8:30 AM Group loads provided coaches and departs for the **Universal Orlando Resort. (Please remember these are timed transfers and it is very important buses depart on time)**
- 9:00 AM Arrive at and admission to a **Universal Orlando Theme Park – Universal Studios AND Islands of Adventure.**
Lunch and Dinner in the parks or Universal CityWalk (Utilizing \$35.00 cash stipend)
- 9:00 PM* Parks close. Group heads to bus parking
- 9:30 PM Group loads coaches and departs for hotel. **(Please remember these are timed transfers and it is very important buses depart on time)**
- 11:00 PM Security guard arrives for duty. Guard will check in with Mr. Lang or Mr. Walton for any special instructions and will patrol through 5am

Park Hours: 4/15/18

Universal Studios 9am – 8pm
Islands of Adventure 9am-8pm

Monday, April 16, 2018

- 7:00 AM Breakfast at hotel – Each person **will receive a \$15.00 Disney Dining Card today to be used towards breakfast**
Your **GTC Representative** will meet with your chaperones to discuss the day's itinerary, as well as any designated meeting places/times, location of first aid, etc.
- 8:00 AM Group checks out of hotel and checks luggage to be transported by **Disney Magical Express.** Group places carry-on bags in storage to be retrieved before heading to the airport. **Please note, items may not be stored in a secure location, so we suggest you keep anything of value on your person**
- 8:30 AM Group loads provided coaches and departs for the **Universal Orlando Resort. (Please remember these are timed transfers and it is very important buses depart on time)**
- 9:00 AM Arrive at and admission to a **Universal Orlando Theme Park – Universal Studios AND Islands of Adventure.**
Lunch in the parks or Universal CityWalk (Utilizing portion of \$35.00 cash stipend)
- 2:10 PM* Group heads to bus parking
- 2:30 PM Group loads coaches and departs for the **All-Star Resort (Please remember these are timed transfers and it is very important buses depart on time)**

Park Hours: 4/16/18

Universal Studios 9am – 7pm
Islands of Adventure 9am-9pm

8902 Compton Shore Lane
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Email: Info@GoGTC.com

GROUP TRAVEL CONSULTANTS

Toll-Free: 800-829-8841
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Florida Seller of Travel License: ST36124

Please note the times for Disney Magical Express departure are estimated. You will be notified by Disney Magical Express 1 day prior to your departure and they will provide you with the actual departure time. Group Travel Consultants is not responsible for any errors or delays with said transportation.

You will retrieve any stored carry-on bags

4:15 PM*	Group loads Disney Magical Express and departs for the airport
5:15 PM	Group arrives at the airport and checks in with Southwest Airlines
7:15 PM	Southwest Flight 699 departs for Dallas Love Field Airport (DAL)
9:00 PM	Group arrives at Dallas Love Field Airport

**Park hours are subject to change. Festival schedules are set by Festival and subject to change. Flight numbers, schedules, times, and itineraries are subject to change*

Welcome Home!
We at GTC Hope You Enjoyed Your Stay With Us!

Proud member of these great organizations:



LAMAR HIGH SCHOOL INSTRUMENTAL MUSIC ORLANDO, FL

BEHAVIOR POLICY CONTRACT

“I have received and understand the student conduct guidelines and agree to follow them. I understand that failure to follow the outlined behavior policies may result in the student being sent home at the parent/guardian’s expense.”

Student’s Printed Name

Student’s Signature

Date Signed

Parent’s Printed Name

Parent’s Signature

Date Signed